



THE PAS SKATING CLUB  
2018-19

## JuniorSTAR Program

The JuniorSTAR Program is the introductory STARSkate program for skaters who have moved into figure skating from general skating. The progression through skill development in the STARSkate program is first JuniorSTAR, then Juniors, and finally, Seniors. The JuniorSTAR program is for skaters who have completed stages 1 through 7 in the CanSkate Program or for those individuals who have already developed all of their fundamental skating skills to Stage 6 of the CanSkate JETS program. At the end of the skating season, skaters participate in an ice review that allows them to showcase their skating development in a fun and positive way. Skaters in JuniorSTAR must wear figure skates, but do not require a helmet. Each session contains a warm up, group lesson and independent practice. During the independent practice, skaters practice their skills on their own. They may also have pre-arranged one-on-one or semi-private lessons with a coach. These lessons are pre-arranged and billed directly with the coach and are not included in the price of the JuniorSTAR Program. The number of lessons per session are dependent on coach availability and time availability. Information on coaches is available from the Club.

|                         |                  |                     |
|-------------------------|------------------|---------------------|
| <b><u>Location:</u></b> | RHJ Arena        |                     |
| <b><u>Schedule:</u></b> | Mondays          | 4:30 pm – 6:00 pm   |
|                         | Thursdays        | 4:15 pm – 5:30 pm   |
|                         | Saturdays        | 10:30 am – 12:00 pm |
|                         | Start Date:      | Sept. 23, 2019      |
|                         | End Date:        | March 15, 2020      |
|                         | Year-End Review: | March 15, 2020      |

This schedule is subject to change. Please check The Pas Skating Club bulletin board at the rink, or the Club website for schedule changes. Some Saturdays there will be no skating due to scheduled hockey tournaments.

[www.skatethepas.uplifterinc.com](http://www.skatethepas.uplifterinc.com)

**Skate Canada Professional Coach: Sherry Hunter, Wanda McKinney**

**Cost: \$400 Program+ \$36 Skate Canada Insurance fee + Refundable Fundraise Fee \$200.00 = \$636.00**