



THE PAS SKATING CLUB
2019-20

Can-JETS Program

The JETS Program is a 'bridging' program for skaters who want to move into figure skating. 'JETS' stands for **J**umps, **E**dges, **T**urns and **S**pins. It consists of the skills and badges listed in Stage 5 & 6 of the CanSkate program. This program is for skaters who have completed the achieved stages 1 through 4 in the CanSkate Program or for those individuals who have already developed all of their fundamental skating skills to Stage 4 of the CanSkate program. When a skater has completed all the Stage 6 skills in the JETS Program, a skater can then move into the STARSkate program (figure skating)! At the end of the skating season, skaters participate in an ice review that allows them to showcase their skating development in a fun and positive way. Skaters in JETS must wear figure skates and a helmet (**CSA-approved hockey helmet**). Each session is one hour in length. Please note: some Saturdays there will be no skating due to scheduled hockey tournaments.

<u>Location:</u>	RHJ Arena	
<u>Schedule:</u>	Mondays	4:15 pm – 5:15 pm
	Wednesdays	4:15pm – 5:15pm
	Start Date:	Sept. 23, 2019
	End Date:	March 15, 2020
	Year-End Review:	March 15, 2020

A monthly calendar will be available on The Pas Skating Club's bulletin board located in the Arena hallway and one will also be posted in The Pas Skating Club's glass bulletin board located at the main entrance.

Schedule is subject to change. Please check The Pas Skating Club bulletin board at the rink or the Club website. www.skatethepas.uplifterinc.com

Skate Canada Professional Coach: Sherry Hunter

Cost: \$310.00 + \$36 Skate Canada Insurance fee + Refundable Fundraise Fee \$100.00 = \$446.00